Reference Request for Sports Achievements

Dear [Coach's Name],

I hope this message finds you well. I am writing to request your support in providing a reference for my high school application. As you know, I have been dedicated to [specific sport] over the past [number of years], and I believe that your insight into my achievements would greatly enhance my application.

Throughout my time in [team name or program], I have not only improved my skills but also demonstrated leadership, teamwork, and sportsmanship. Some of my notable accomplishments include:

- [Achievement 1]
- [Achievement 2]
- [Achievement 3]

I would be incredibly grateful if you could highlight my commitment and passion in your reference letter. The deadline for submission is [insert date], and I can provide any additional information you may need to make the process easier.

Thank you very much for considering my request. I truly appreciate your time and support.

Sincerely,

[Your Name]

[Your Contact Information]