

Subject: Request for Mentorship and Reference

Dear [Mentor's Name],

I hope this message finds you well. My name is [Your Name], and I am currently [your position, e.g., a graduate student at XYZ University, a professional in ABC field, etc.]. I have been greatly inspired by your work in [Mentor's Field/Area of Expertise], especially your contributions to [specific project or achievement].

I am reaching out to you with the hope of seeking your mentorship as I navigate [specific area you need help with or your goals]. Your insights and experience would be invaluable to me, and I believe that your guidance could significantly impact my journey.

Additionally, if it's not too much to ask, I would be grateful if you could provide a reference for me as I pursue [specific opportunity, e.g., internship, job application, etc.]. I understand that your time is precious, and I truly appreciate any support you can offer.

Thank you for considering my request. I hope to hear from you soon.

Sincerely,
[Your Name]
[Your Contact Information]
[LinkedIn Profile or Personal Website, if applicable]