Request for Recommendation

Dear [Coach's Name],

I hope this message finds you well. I am writing to kindly request a recommendation from you for my application to [specific sports team or program]. I have greatly enjoyed being a part of your team and believe that your insights into my skills and dedication would be invaluable.

The deadline for submission is [insert date], and the recommendation can be sent directly to [insert submission details]. I would truly appreciate your support in this matter.

Thank you for considering my request. Please let me know if you need any further information.

Sincerely,

[Your Name] [Your Contact Information] [Your School/Team Name]