

Dear [Recipient's Name],

I hope this message finds you well. I am reaching out to express my gratitude for the opportunity to job shadow you at [Company/Organization Name] on [Date]. The experience was incredibly insightful and reinforced my passion for [Industry/Field].

As I continue to explore career opportunities in this field, I would greatly appreciate it if you could provide a reference for me. Your perspective on my skills and capabilities would be invaluable and would help me stand out to potential employers.

If you are comfortable providing a reference, I would be happy to discuss any details you might need or answer any questions you may have.

Thank you for considering my request. I truly appreciate your time and support.

Sincerely,
[Your Name]
[Your Phone Number]
[Your Email]