Job Shadowing Reference Request

Date: [Insert Date]	
Dear [Recipient's Name],	

I hope this message finds you well. My name is [Your Name], and I am a high school student at [Your School's Name]. I am writing to request a reference for my upcoming job shadowing opportunity.

As I explore different career paths, I am particularly interested in [Industry/Field of Interest] and believe that shadowing your experience would provide me with invaluable insights. Your expertise and background in [Specific Area] would greatly enhance my understanding of the profession.

If you are willing to provide a reference, I would be happy to discuss the details further and answer any questions you may have. I appreciate your time and consideration.

Thank you very much.

Sincerely,

[Your Name]

[Your Contact Information]