Reference Request for Medical School Application

Dear [Friend's Name],

I hope this message finds you well. I am reaching out to ask for a favor that means a great deal to me. As you know, I am in the process of applying to medical school, and I would be honored if you could provide a reference for my application.

Your insights and perspectives on my dedication to the field of medicine would greatly enhance my application. I believe that your familiarity with my academic achievements and personal growth would lend substantial credibility to my candidacy.

If you are willing, I would be happy to provide any information you might need, including details about the programs I am applying to, my experiences, and specific aspects of my journey in medicine that I would like you to emphasize.

Thank you very much for considering my request. I truly appreciate your support and guidance throughout my journey.

Warm regards,

[Your Name]

[Your Contact Information]