Request for Reference for Postdoctoral Position

Dear [Mentor's Name],

I hope this message finds you well. I am reaching out to ask if you would be willing to provide a reference for me as I apply for a postdoctoral position at [Institution/University Name]. Your guidance throughout my [specific experience, e.g., PhD research] has been invaluable, and I believe your insights would greatly enhance my application.

The position I am applying for focuses on [brief description of the research area or project], and I feel that my experience in [relevant experience or skills] aligns well with their expectations. If you agree, I would be happy to provide you with more details about the position and the timeline for submission.

Thank you very much for considering my request. I greatly appreciate your support and mentorship throughout my academic journey.

Best regards,

[Your Name]

[Your Contact Information]