

Welcome to Our Yoga Studio!

Dear New Attendee,

We are excited to have you join our yoga community! Here's some important information to help you get started:

Class Schedule

Please visit our website for the latest class schedule and to book your sessions. Classes range from Hatha to Vinyasa and are suitable for all experience levels.

What to Bring

- A yoga mat (available for rental if you don't have one)
- Water bottle
- Comfortable clothing

Health and Safety

Your well-being is our top priority. Please inform the instructor of any injuries or medical conditions before class.

Membership Options

We offer various membership plans including drop-in classes, monthly unlimited, and package deals. Check our website for more details.

Follow Us

Stay connected! Follow us on social media for updates, tips, and community events.

We look forward to seeing you on the mat!

Namaste,

The Yoga Studio Team