# **Dear Host Family,**

We are excited to welcome your family to the reciprocal exchange program! As a host family, you play a crucial role in providing a warm and supportive environment for your exchange student. Below are some guidelines to help you have a successful experience:

#### 1. Communication

Establish open lines of communication with your exchange student. Encourage them to share their feelings, cultural experiences, and any concerns they may have.

#### 2. Cultural Exchange

Engage in cultural exchange activities. Learn about each other's cultures through shared meals, celebrations, and discussions about traditions.

#### 3. Set Expectations

Clearly outline household rules and expectations. Discuss responsibilities related to chores, curfews, and other daily activities.

#### 4. Support and Guidance

Offer emotional support and guidance as your exchange student navigates their new environment. Be patient as they adjust to cultural differences.

## 5. Safety and Well-being

Ensure the safety and well-being of your exchange student. Make them aware of emergency contacts and local resources they can utilize.

#### 6. Participation in Family Activities

Include your exchange student in family outings and celebrations. This creates a sense of belonging and helps strengthen familial bonds.

### 7. Encourage Independence

While it's important to support your exchange student, encourage them to be independent and explore their new surroundings.

Thank you for your commitment to making this exchange experience memorable. We look forward to hearing about your journey together!

#### Warm regards,

The Exchange Program Coordinator