

Post-Treatment Wound Care Instructions

Date: _____

Patient Name: _____

Procedure: _____

Dear [Patient's Name],

Thank you for visiting our clinic. Below are the post-treatment wound care instructions to ensure proper healing:

1. Keep the Wound Clean and Dry

Gently clean the wound with mild soap and water. Avoid getting soap directly in the wound.

2. Change Dressings as Directed

Change the dressing at least once a day or if it becomes wet or dirty.

3. Monitor for Signs of Infection

Check for increased redness, swelling, or discharge. Contact our office if you notice any abnormal changes.

4. Pain Management

Take over-the-counter pain medication as needed. Follow the dosage instructions on the package.

5. Avoid Strenuous Activity

Refrain from heavy lifting or strenuous exercises for at least [insert time frame].

6. Follow-Up Appointment

Please schedule a follow-up appointment on [insert date].

If you have any questions or concerns, do not hesitate to reach out to our office at [insert phone number].

Sincerely,

[Your Name]

[Your Title]

[Clinic/Facility Name]