

# Patient Walking Aid Operational Advice

Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_

Patient ID: \_\_\_\_\_

**Dear [Patient's Name],**

We are pleased to provide you with operational advice for your new walking aid. Please follow the instructions below to ensure safe and effective use:

## **Getting Started**

- Before using the walking aid, ensure it is properly adjusted to your height.
- Practice walking in a safe area free from obstacles.

## **Using the Walking Aid**

1. Always position the walking aid firmly on the ground before re-positioning yourself.
2. Keep your weight balanced and use the aid for support as needed.
3. Take small, steady steps while using the walking aid.

## **Maintenance**

Regularly check the walking aid for any signs of wear or damage. Report any issues to your healthcare provider immediately.

## **Safety Tips**

- Avoid uneven surfaces and cluttered areas when walking.
- Wear appropriate footwear to prevent slipping.

If you have any questions or concerns regarding your walking aid, please do not hesitate to contact us.

**Sincerely,**

[Your Name]

[Your Title]

[Your Organization]

Contact Information: \_\_\_\_\_