

# Catheter Safety Measures for At-Home Care

Date: [Insert Date]

Dear [Patient's Name/Family Caregiver],

We are writing to provide you with important information regarding the care and management of your catheter at home. Following these safety measures will help prevent infections and ensure your comfort.

## Catheter Care Guidelines:

1. Always wash your hands with soap and water before and after handling your catheter.
2. Keep the catheter insertion site clean and dry.
3. Change the catheter dressing as recommended by your healthcare provider.
4. Monitor the catheter for any signs of infection, such as redness, swelling, or discharge.
5. Ensure the drainage bag is positioned below the level of your bladder to prevent backflow.

## Emergency Contacts:

If you notice any concerning symptoms or have questions regarding your catheter management, please contact:

- Your healthcare provider: [Provider's Name & Phone Number]
- Emergency services: [Local Emergency Number]

Thank you for your attention to these important safety measures. Your health and well-being are our top priority.

Sincerely,

[Your Name]

[Your Title, if applicable]

[Name of the Practice/Hospital]