

# Catheter Maintenance Instructions

Dear [Patient's Name],

We hope this message finds you well. As part of your ongoing care, it is important to maintain your catheter properly. Please follow the instructions below:

## Daily Care

- Wash your hands thoroughly with soap and water before and after handling your catheter.
- Inspect the catheter site for any signs of infection such as redness, swelling, or drainage.
- Change the catheter according to your doctor's instructions or as recommended.

## Cleaning Instructions

- Use a gentle soap and warm water to clean the catheter and surrounding area daily.
- Rinse thoroughly and pat dry with a clean towel.

## Fluid Intake

- Ensure adequate fluid intake to reduce the risk of blockages.
- Monitor your urine output and report any significant changes to your healthcare provider.

## When to Contact Your Healthcare Provider

- If you notice any signs of infection or unusual discomfort.
- If your catheter becomes blocked or dislodged.

Thank you for your attention to these important care instructions. For any questions or concerns, please do not hesitate to reach out.

Sincerely,

[Your Name]

[Your Title]

[Your Contact Information]