

Catheter Hygiene Tips for Family Members

Dear Family Member,

As you support your loved one with their catheter care, here are some important hygiene tips to ensure safety and comfort:

1. Wash Hands Frequently

Always wash your hands with soap and water before and after handling the catheter or any related equipment.

2. Keep the Area Clean

Clean the insertion site daily with mild soap and water, ensuring the area stays dry.

3. Use Sterile Equipment

Whenever you change the catheter or drainage bag, make sure to use clean or sterile equipment.

4. Avoid Tension on the Catheter

Ensure the catheter is secured and not pulled or tugged during movement.

5. Monitor for Signs of Infection

Watch for symptoms like fever, chills, or increased redness and swelling at the catheter site.

Thank you for your attention to these important tips to help maintain catheter hygiene.

Sincerely,

[Your Name]