

Catheter Care Guidance for Caregivers

Date: [Insert Date]

Dear [Caregiver's Name],

As you embark on the responsibility of providing care for [Patient's Name], it is essential to understand the proper techniques and routine involved in catheter care. Below are guidelines to help ensure the patient's comfort and well-being:

Daily Care Instructions

1. Wash your hands thoroughly with soap and water before and after handling the catheter.
2. Inspect the catheter site daily for any signs of swelling, redness, or discharge.
3. Empty the drainage bag as needed, at least once every 8 hours.
4. Maintain the catheter and drainage bag below the level of the bladder.
5. Ensure that there are no kinks in the catheter tubing to prevent obstruction.

Maintenance Tips

- Change the catheter as directed by a healthcare professional.
- Keep the catheter and surrounding area clean and dry.
- Use only recommended cleansing solutions to avoid irritation.

When to Contact a Healthcare Provider

Contact a healthcare provider if you notice:

- Signs of infection (fever, chills, increased redness or swelling).
- Unusual changes in urine color or odor.
- Pain or discomfort at the insertion site.

Thank you for your commitment to providing excellent care for [Patient's Name]. Should you have any questions or concerns, please do not hesitate to reach out.

Sincerely,

[Your Name]

[Your Title]

[Your Contact Information]