

Follow-Up Letter for Patients at Risk of Falling

Date: [Insert Date]

Dear [Patient's Name],

I hope this message finds you well. As part of our commitment to your health and safety, we would like to follow up regarding your recent assessment for fall risk.

Follow-Up Strategies:

- **Home Safety Evaluation:** We recommend scheduling a home assessment to identify potential hazards in your living space.
- **Regular Exercise:** Engage in strength and balance exercises, such as tai chi, to improve stability.
- **Medication Review:** Please schedule an appointment to review your current medications with our pharmacist.
- **Vision and Hearing Check:** Regular check-ups with your eye doctor and audiologist to address any sensory impairments.
- **Emergency Plan:** Consider developing a fall response plan to ensure assistance is readily available if needed.

If you have any questions or need assistance in implementing these strategies, please do not hesitate to reach out to our office.

Thank you for prioritizing your health. We look forward to supporting you in preventing falls and ensuring your safety.

Sincerely,
[Your Name]
[Your Title]
[Your Contact Information]