

Pre-Appointment Instructions for Your Cardiac Procedure

Dear [Patient's Name],

We are pleased to inform you that your cardiac procedure is scheduled for [Date] at [Time]. Please review the following instructions to prepare for your appointment:

1. Medication Instructions:

- Continue taking your prescribed medications unless otherwise instructed.
- Avoid taking any blood thinners (e.g., aspirin, warfarin) [specific duration] prior to the procedure unless directed by your physician.

2. Dietary Instructions:

- Please refrain from eating or drinking anything after [Time] the night before your procedure.
- You may take necessary medications with a small sip of water unless otherwise advised.

3. Transportation:

You will not be able to drive yourself home after the procedure. Please arrange for a responsible adult to accompany you.

4. Clothing:

Wear comfortable, loose-fitting clothing. Avoid wearing jewelry or any metal items.

5. Arrival:

Please arrive at least [Duration] before your scheduled appointment to allow time for check-in.

If you have any questions or concerns, please do not hesitate to contact our office at [Contact Information].

Thank you for your attention to these instructions. We look forward to seeing you soon.

Sincerely,

[Your Clinic Name]

[Your Contact Information]