

Advance Care Planning Discussion

Date: [Insert Date]

To: [Recipient's Name]

From: [Your Name]

Subject: Discussion on Advance Care Planning

Dear [Recipient's Name],

I hope this message finds you well. I am writing to discuss the important topic of advance care planning, which is essential for ensuring that individuals receive the appropriate medical care in accordance with their preferences in the event that they are unable to communicate their wishes.

Advance care planning involves making decisions about the care you would like to receive in the future and documenting those preferences. It can include discussions about:

- Preferred medical treatments
- End-of-life wishes
- Designating a healthcare proxy
- Living wills and advance directives

I believe it is crucial for us to schedule a time to have an open and honest discussion about these topics. Please let me know your availability for a meeting within the next couple of weeks.

Thank you for considering this important conversation. I look forward to hearing from you soon.

Sincerely,

[Your Name]

[Your Contact Information]