

# Wellness Checkup Pre-Appointment Checklist

Dear [Patient's Name],

As your upcoming wellness checkup approaches, please review the following checklist to ensure you have everything prepared for your appointment:

- Confirm your appointment date and time: [Date & Time]
- Bring a valid ID and insurance card.
- List any current medications you are taking.
- Prepare a list of any health concerns or symptoms.
- Complete any required paperwork in advance.
- Arrive 15 minutes early to allow for check-in.

If you have any questions or need to reschedule, please contact us at [Phone Number] or [Email Address].

We look forward to seeing you soon!

Best regards,

[Your Practice Name]

[Your Practice Contact Information]