

# Wellness Checkup Inquiry

Date: [Insert Date]

Dear [Recipient's Name],

I hope this message finds you well. I am writing to inquire about scheduling a wellness checkup. As part of my commitment to maintaining my health, I would like to ensure that all necessary assessments and screenings are up to date.

Could you please provide me with the available dates and times for the checkup? Additionally, I would appreciate any information regarding what to expect during the appointment and any preparations I should make beforehand.

Thank you for your assistance. I look forward to your prompt response.

Sincerely,

[Your Name]

[Your Contact Information]