

Post-Surgery Healing Guidelines

Dear [Patient's Name],

Congratulations on successfully completing your surgery. To ensure a smooth recovery, please follow the guidelines provided below:

1. Pain Management

- Take prescribed pain medications as directed.
- Do not exceed the recommended dosage.

2. Wound Care

- Keep the surgical site clean and dry.
- Change dressings as instructed by your physician.
- Monitor for signs of infection, such as redness or discharge.

3. Activity Limitations

- Avoid strenuous activities for at least [X weeks].
- Gradually resume normal activities as advised by your doctor.

4. Follow-Up Appointments

- Ensure you attend all follow-up appointments.
- Contact our office if you experience any complications.

Your health and well-being are our top priorities. Please reach out if you have any questions or concerns.

Sincerely,

[Your Name]

[Your Title]

[Your Practice/Institution Name]

[Contact Information]