

Aftercare Advice Following Your Surgery

Dear [Patient's Name],

We hope this letter finds you well after your recent surgery on [Date]. As you continue your recovery journey, we want to provide you with important aftercare advice to ensure a smooth healing process.

Wound Care

Please keep your surgical area clean and dry. Change the dressing as instructed and watch for any signs of infection, such as increased redness, swelling, or discharge.

Pain Management

Use the prescribed pain medication as directed. If pain persists or worsens, please contact our office.

Activity Restrictions

Avoid strenuous activities, heavy lifting, or any exercise until cleared by your physician. Gradually increase your activity level as tolerated.

Follow-up Appointment

Don't forget to schedule your follow-up appointment on [Date] to monitor your recovery progress.

Contact Us

If you have any questions or concerns, please do not hesitate to contact our office at [Phone Number] or [Email Address].

Wishing you a speedy recovery!

Sincerely,

[Your Name]

[Your Title]

[Clinic/Hospital Name]