

Termination of Therapeutic Relationship

Date: [Insert Date]

Dear [Client's Name],

I hope this message finds you well. I am writing to formally notify you of my decision to terminate our therapeutic relationship, effective [insert termination date].

This decision has not been made lightly, and it is based on [briefly explain reason, e.g., "the completion of our treatment goals" or "my availability and scheduling conflicts"]. I deeply appreciate the trust and openness you have shown throughout our sessions.

As we conclude our work together, I encourage you to reach out if you have questions or need assistance in finding alternative resources. Your well-being remains important to me.

Thank you for allowing me to be part of your journey. Wishing you all the best moving forward.

Sincerely,

[Your Name]

[Your Credentials]

[Your Contact Information]