

Home Care Instructions

Dear [Patient's Name],

We are pleased to inform you that you have been discharged from [Facility Name] as of [Discharge Date]. To ensure a smooth recovery at home, please follow these important instructions:

Medications

- Take your prescribed medications as directed.
- Keep a list of all medications and dosages.
- Contact your doctor if you experience any side effects.

Follow-Up Appointments

- Schedule a follow-up appointment with Dr. [Doctor's Name] on [Date].
- Contact the office at [Phone Number] if you have any questions.

Wound Care

- Keep the wound clean and dry.
- Change the dressing as instructed.
- Watch for signs of infection, such as redness or swelling.

Activity Restrictions

- Avoid heavy lifting and strenuous activities for [Duration].
- Gradually increase your activity level as tolerated.

Contact Information

If you have any concerns or need assistance, please contact us at:

[Your Name or Healthcare Provider's Name]

[Phone Number]

[Email Address]

Wishing you a speedy recovery!

Sincerely,

[Your Name]

[Your Title]

[Facility Name]