

Emotional Distress Injury Claim

[Your Name]

[Your Address]

[City, State, Zip Code]

[Email Address]

[Phone Number]

[Date]

[Insurance Company Name]

[Claims Department Address]

[City, State, Zip Code]

Subject: Emotional Distress Injury Claim - [Claim Number]

Dear [Adjuster's Name],

I hope this letter finds you well. I am writing to formally submit my claim for emotional distress injuries sustained as a result of [briefly describe the incident, e.g., an accident, harassment, etc.]. The date of the incident was [insert date], and it occurred at [insert location].

The severity of the distress I have experienced has significantly affected my daily life, including [mention specific examples: work, relationships, mental health issues, etc.]. I have sought medical treatment from [insert provider's name] and have been diagnosed with [insert diagnosis], which I attribute directly to the incident.

Attached to this letter, you will find documentation including [list documents: medical records, therapy bills, personal statements, etc.] that support my claim. I request compensation in the amount of [insert monetary amount] to cover the emotional and psychological impacts I have endured.

Thank you for taking the time to review my claim. I look forward to your prompt response. Please feel free to reach out to me directly at [your phone number] or [your email address] if you need any further information.

Sincerely,

[Your Name]