Insurance Claim for Emotional Distress

[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Phone Number] [Date]

[Insurance Company's Name] [Insurance Company's Address] [City, State, Zip Code]

Dear [Claims Adjuster's Name],

I am writing to formally submit a claim for emotional distress resulting from the fire incident that occurred on [date of the incident] at my residence located at [your address]. The unfortunate event has not only resulted in physical damage to my property but has also caused significant emotional turmoil and distress for me and my family.

Following the fire, I have been experiencing [describe emotional distress, e.g., anxiety, sleeplessness, etc.], which has affected my daily life and overall well-being. The destruction of our home, belongings, and the sense of safety has left us feeling vulnerable and unsettled.

I have attached supporting documentation, including medical records and notes from my therapist that detail the impact this incident has had on my emotional state. I kindly request that you process this claim promptly and consider the emotional damages we have suffered.

Thank you for your attention to this matter. I look forward to your prompt response.

Sincerely,

[Your Name]