

[Your Name]
[Your Title]
[Your Organization]
[Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]

[Recipient's Name]
[Recipient's Title]
[Institution/Organization Name]
[Address]
[City, State, Zip Code]

Dear [Recipient's Name],

I am writing to formally support [Student's Name] in their request for accommodations related to test anxiety. As [his/her/their] healthcare professional, I have been closely monitoring [his/her/their] mental health and well-being.

It is my professional opinion that [Student's Name] experiences significant anxiety in high-stakes testing situations, which can adversely affect [his/her/their] performance and overall academic success. I recommend the following accommodations:

- Extended time for tests
- A separate, quiet testing environment
- The opportunity to take breaks during the test

These accommodations will provide [Student's Name] with a fair opportunity to demonstrate [his/her/their] knowledge without the constraints imposed by anxiety. Thank you for considering this request. Please feel free to contact me if you require any further information or clarification regarding [Student's Name]'s needs.

Sincerely,

[Your Signature (if sending a hard copy)]
[Your Printed Name]
[Your Title]
[Your License Number (if applicable)]