

# Petition for Temporary Grade Exemption

[Your Name]

[Your Address]

[City, State, Zip Code]

[Email Address]

[Phone Number]

[Date]

[Recipient's Name]

[Recipient's Position]

[School/University Name]

[School/University Address]

[City, State, Zip Code]

Dear [Recipient's Name],

I am writing to formally request a temporary exemption from my current grades due to mental health considerations. Over the past few months, I have been experiencing significant challenges that have hindered my academic performance, and I believe that a temporary exemption would allow me the time I need to focus on my well-being and recovery.

I have been seeking professional help and support during this time, and I am committed to improving my mental health situation. I truly value my education and wish to continue my studies at full capacity.

I kindly ask for your understanding and support in this matter. If necessary, I am willing to provide any documentation from my healthcare provider regarding my situation.

Thank you for considering my request. I am hopeful for a positive response.

Sincerely,

[Your Name]