## **Invitation to Employee Wellness Seminar**

Dear [Board Director's Name],

We are pleased to invite you to the upcoming Employee Wellness Seminar scheduled for [Date] at [Time]. This event will take place in [Location].

The seminar aims to promote a healthy work-life balance and enhance overall employee well-being through various workshops and activities. Your presence will not only enrich our discussions but also demonstrate the board's commitment to employee wellness.

Please RSVP by [RSVP Date] to confirm your attendance.

We look forward to your participation.

Best regards,

[Your Name][Your Title][Your Company Name][Your Contact Information]