Dear [Editor's Name],

I hope this message finds you well. I am writing to inquire about the current status of my manuscript titled "[Manuscript Title]," which was submitted on [Submission Date].

As it has been [Duration] since the submission, I would greatly appreciate any updates you could provide regarding the review process and expected timeframes.

Thank you for your attention to this matter. I look forward to your reply.

Sincerely,
[Your Name]
[Your Affiliation]
[Your Email Address]
[Your Phone Number]