

# Request for Health-Related Accommodations

[Your Name]

[Your Address]

[City, State, Zip Code]

[Email Address]

[Phone Number]

[Date]

[Manager's Name]

[Company's Name]

[Company's Address]

[City, State, Zip Code]

Dear [Manager's Name],

I hope this message finds you well. I am writing to formally request health-related accommodations in my role as [Your Job Title] due to [briefly explain your health condition, e.g., a medical condition, disability, etc.].

To ensure my continued productivity and well-being in the workplace, I would appreciate the opportunity to discuss the following accommodation(s):

- [Accommodation 1]
- [Accommodation 2]
- [Accommodation 3]

I believe these adjustments will enable me to perform my duties effectively and contribute to our team's success. I am more than willing to discuss this matter at your earliest convenience and provide any necessary documentation from my healthcare provider.

Thank you for considering my request. I look forward to your positive response.

Sincerely,

[Your Name]