

Letter of Referral for Bipolar Disorder Therapy

Date: [Insert Date]

To: [Therapist's Name]

Address: [Therapist's Address]

Dear [Therapist's Name],

I am writing to refer my patient, [Patient's Name], who has been diagnosed with bipolar disorder. [He/She/They] has been experiencing [brief description of symptoms, e.g., significant mood swings, depression, and manic episodes] which have impacted [his/her/their] daily functioning, relationships, and overall well-being.

After thorough evaluation, I believe that specialized therapy would be beneficial for [Patient's Name]. [He/She/They] has consented to this referral and is eager to begin therapy sessions to manage [his/her/their] condition more effectively.

Please find attached [any relevant documents, e.g., medical history, treatment records]. I appreciate your attention to this matter and look forward to your support in providing [Patient's Name] with the care [he/she/they] needs.

Thank you for your collaboration.

Sincerely,

[Your Name]

[Your Title]

[Your Contact Information]