

# Pre-Operative Instructions for Laser Eye Surgery

Dear [Patient's Name],

Congratulations on your decision to undergo laser eye surgery! To ensure the best possible outcome, please carefully follow these pre-operative instructions:

## One Week Before Surgery:

- Do not wear contact lenses for at least one week prior to your surgery. If you wear hard lenses, stop wearing them two weeks before.
- Avoid eye makeup, lotions, or creams around the eye area.
- Inform us of any medications you are currently taking, including over-the-counter drugs and supplements.

## Day Before Surgery:

- Do not use any lotions or creams on the day of the surgery.
- Get a good night's sleep and plan to have someone drive you home afterward.

## Day of Surgery:

- Arrive at the clinic [insert arrival time] prior to your scheduled appointment.
- If you are taking any medications, take them with a small sip of water unless otherwise instructed.
- Wear comfortable clothing and avoid wearing jewelry.

If you have any questions or concerns, please do not hesitate to contact our office at [office phone number]. We look forward to seeing you on your surgery day!

Sincerely,  
[Your Name]  
[Your Title]  
[Clinic Name]