Lymphedema Symptoms Recognition

Date: [Insert Date]

To Whom It May Concern,

I am writing to formally recognize the symptoms associated with lymphedema that I have been experiencing. These symptoms include:

- Swelling in the arms, legs, or other body parts
- Feeling of heaviness or tightness in the affected area
- Restricted range of motion
- Recurrent infections in the swollen area
- Hardening or thickening of the skin
- Discomfort or pain during certain activities

Considering these symptoms, I request further evaluation and management of my condition. I appreciate your attention to this matter and look forward to your prompt response.

Sincerely,
[Your Name]
[Your Address]
[Your Email]
[Your Phone Number]