Dear [Friend's Name],

I hope this letter finds you well. I've been thinking about you lately, and I wanted to reach out to have a heart-to-heart chat. You know I'm always here for you, and I want you to feel comfortable sharing whatever's on your mind.

Life can be tough sometimes, and I can't help but wonder how you're really feeling about everything. If you ever want to talk about what you're going through, your wishes, or anything else, I'm all ears. It's important to me that you know you're not alone in this.

Let me know when you're up for a chat. We can grab coffee, take a walk, or just have a cozy talk at home. Whatever brings you comfort. Remember, I'm just a call away!

Take care, and I look forward to talking soon.

Warmly,

[Your Name]