

Endoscopy Patient Preparation Checklist

Dear [Patient's Name],

As you prepare for your upcoming endoscopy, please review the following checklist to ensure a smooth procedure:

Preparation Instructions:

- Do not eat or drink anything for at least 8 hours before your procedure.
- Inform your doctor about all medications you are currently taking, including over-the-counter drugs.
- Arrange for a responsible adult to accompany you and drive you home after the procedure.
- Wear loose-fitting clothing on the day of the procedure.
- If instructed, take prescribed medications with a small sip of water.
- Arrive at the facility at least [insert time] prior to your appointment.

Questions to Consider:

- Have you completed all required lab work?
- Do you have any allergies or previous reactions to anesthesia?
- Are there any specific worries or concerns you would like to discuss before the procedure?

Thank you for your cooperation. We look forward to assisting you during your procedure.

Sincerely,

[Your Medical Practice's Name]

[Contact Information]