

Dietary Restrictions Before Endoscopy Appointment

Dear [Patient's Name],

We would like to remind you of the dietary restrictions that must be followed prior to your upcoming endoscopy appointment scheduled for [Date] at [Time]. It is important to adhere to these guidelines to ensure a successful procedure.

Dietary Instructions:

- Avoid solid foods for at least 8 hours before the appointment.
- You may consume clear liquids (water, clear broth, or apple juice) up to 2 hours prior to the procedure.
- Please do not drink any beverages that are red or purple in color.
- If you are on any medications, please consult with us regarding their consumption.

If you have any questions or concerns, please do not hesitate to contact our office at [Contact Information].

Thank you for your cooperation.

Sincerely,

[Your Name]

[Your Title]

[Clinic/Hospital Name]

[Contact Information]