

# Advance Care Planning Discussion

Date: [Insert Date]

Dear [Recipient's Name],

I hope this letter finds you well. I am writing to discuss an important topic that concerns your healthcare preferences and advance care planning.

As we navigate the complexities of healthcare decisions, it is vital to have a clear understanding of your wishes and values regarding medical treatment and interventions. I would like to invite you to participate in a discussion about your advance care planning preferences.

Some key topics to consider during our discussion include:

- Your personal values and goals for health care.
- Specific medical treatments you would or would not want.
- Your preferences for a healthcare proxy or power of attorney.
- Information about palliative and hospice care options.

Please let me know your availability for this important conversation. Your insights will greatly assist in ensuring that your healthcare aligns with your preferences.

Thank you for considering this opportunity. I look forward to our discussion.

Sincerely,

[Your Name]

[Your Title]

[Your Contact Information]