

# Preparation for Addiction Support Meeting

Date: \_\_\_\_\_

Time: \_\_\_\_\_

Location: \_\_\_\_\_

**Dear [Participant's Name],**

This letter serves as a reminder for our upcoming addiction support meeting. We are glad to have you join us as we work together towards healing and recovery.

## **Preparation Tips:**

- Reflect on your current challenges and victories.
- Bring any questions or topics you would like to discuss.
- Consider setting personal goals for the meeting.
- Practice self-care leading up to the meeting.

## **Meeting Agenda:**

1. Opening Remarks
2. Sharing Circle
3. Open Discussion
4. Resource Sharing
5. Closing Remarks

We look forward to seeing you there. Please feel free to reach out if you have any questions or need further information.

**Sincerely,**

[Your Name]

[Your Position]

[Organization Name]

[Contact Information]