

Confirmation of Attendance

Dear [Participant's Name],

We are pleased to confirm your attendance at the Stress Management Workshop scheduled on [Date] at [Time]. The workshop will take place at [Venue/Location].

Please arrive at least [X] minutes early to complete the registration process. We recommend wearing comfortable clothing and bringing a water bottle.

If you have any questions or require further information, please feel free to contact us at [Contact Information].

We look forward to seeing you there!

Best regards,

[Your Name]

[Your Position]

[Organization Name]

[Contact Information]