

Date: [Insert Date]

[Your Name]

[Your Address]

[City, State, Zip Code]

[Email Address]

[Phone Number]

[Recipient's Name]

[Clinic or Doctor's Name]

[Clinic or Hospital Name]

[Address]

[City, State, Zip Code]

Dear [Recipient's Name],

I hope this message finds you well. I am writing to inquire about the various contraception options available at your clinic. As I am considering my choices, I would appreciate any information you could provide regarding:

- The types of contraception methods offered
- Effectiveness and potential side effects of each method
- Availability of counseling or consultations regarding contraception
- Costs and insurance coverage options

Thank you for your time and assistance. I look forward to your response.

Sincerely,

[Your Name]