

Postnatal Recovery Follow-Up

Dear [Patient's Name],

I hope this message finds you well. We are reaching out to follow up on your recovery after childbirth. Your health and well-being are our top priorities.

Please take a moment to answer the following questions:

- How have you been feeling physically since your delivery?
- Have you experienced any pain or discomfort that you would like to discuss?
- How is your emotional well-being? Are you feeling supported?
- Are you facing any challenges with breastfeeding or feeding your baby?
- Have you scheduled your follow-up appointment with us?

Your feedback is important to us. Please reply by [insert date] so we can address any concerns you may have.

Thank you for your attention to your health. We look forward to hearing from you soon.

Sincerely,

[Your Name]

[Your Title]

[Clinic/Hospital Name]

[Contact Information]