## **Sports Physical Examination Certificate**

## Date: [Insert Date]

To Whom It May Concern,

This letter certifies that **[Athlete's Name]** has undergone a comprehensive physical examination on **[Examination Date]** and is deemed fit to participate in martial arts training and competition.

During the examination, the following assessments were conducted:

- Medical History Review
- Physical Assessment
- Cardiovascular Evaluation
- Musculoskeletal Examination
- Vision and Hearing Tests

As a result of the examination, no significant health issues have been identified that would prevent **[Athlete's Name]** from engaging in martial arts activities. The athlete is fully capable of participating in rigorous physical training and competitions.

If you require any further information, please feel free to contact me at [Contact Information].

Sincerely,

[Physician's Name] [Physician's Title] [Clinic/Hospital Name] [Contact Information]