

# Day-Before Surgery Instructions

Dear [Patient's Name],

As your surgery date approaches, we want to ensure that you have all the necessary instructions to prepare for your procedure. Please read the following information carefully.

## Important Instructions:

- **Diet:** Do not eat or drink anything after midnight the night before your surgery, including water, gum, or mints.
- **Medications:** Please take your prescribed medications with a small sip of water unless otherwise instructed by your physician.
- **Transportation:** Arrange for someone to drive you home after the surgery, as you will not be able to drive yourself.
- **Clothing:** Wear loose, comfortable clothing and avoid jewelry, makeup, and nail polish.
- **Surgery Time:** Arrive at the hospital at [Insert Time] for check-in.

If you have any questions or concerns, please do not hesitate to contact our office at [Office Phone Number].

Thank you for your cooperation.

Sincerely,

[Your Name]

[Your Title]

[Healthcare Institution Name]