Dear [Instructor's Name],

I hope this message finds you well. I am writing to kindly request feedback on my performance in [Course Name] for the [specific assignment/exam or overall course grade]. I value your insights and would appreciate understanding how I can improve my skills and knowledge in this subject.

If possible, could you provide details about specific areas where I excelled, as well as suggestions for improvement? Your feedback is important to me as I strive to achieve my academic goals.

Thank you very much for your time and assistance. I look forward to your response.

Sincerely, [Your Name] [Your Student ID] [Your Contact Information]