## **Letter of Demand for Cessation of Cyber Bullying**

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Date]

[Recipient's Name] [Recipient's Address] [City, State, Zip Code]

Dear [Recipient's Name],

I am writing to formally address a serious matter involving cyber bullying behavior directed towards me. It has come to my attention that [describe the specific incidents, including dates and content, if applicable]. This ongoing harassment has caused significant distress and harm to my well-being.

According to relevant laws and policies regarding harassment and bullying, such behavior is unacceptable and must cease immediately. Therefore, I demand that you stop all forms of communication that constitute cyber bullying, including but not limited to [list specific actions, such as sending messages, posting on social media, etc.].

If this behavior continues, I will be forced to take further action, including reporting this matter to the appropriate authorities and seeking legal recourse.

I trust that you will take this matter seriously and act accordingly. Please confirm in writing by [set a date, e.g., within one week] that you will cease all cyber bullying behavior.

Sincerely,

[Your Name] [Your Contact Information]