Dear [Victim's Name],

I want you to know that you are not alone. It takes immense courage to face the challenges you are enduring, and I admire your strength.

What you are experiencing is not your fault, and no one deserves to be treated the way you have been. Your feelings are valid, and it's okay to seek help and support during this difficult time.

Remember, it's important to prioritize your safety and well-being. I am here for you, ready to listen without judgment whenever you need someone to talk to. You are worthy of love, respect, and happiness.

If you feel comfortable, I encourage you to reach out to local resources or hotlines that specialize in supporting individuals in similar situations. You deserve to find a safe place and gain the assistance you need.

Take your time and remember that healing is a journey. I believe in your strength and resilience.

With love and support,

[Your Name]