

Dear [Child's Name]

We want to talk to you about something important. As you may have noticed, things are changing between [Parent 1's Name] and [Parent 2's Name]. We want to let you know that we are going through a divorce.

This means that we will no longer be married, but it doesn't mean that we love you any less. Both of us will always be your parents, and that will never change.

We understand that this might make you feel confused, sad, or even angry, and that is completely normal. It's okay to talk about your feelings, and we encourage you to do so. We are here to listen and support you.

In the coming weeks, you might see some changes, such as where you live or how often you see each of us. We promise to make this as easy as possible for you and to keep you updated throughout the process.

Remember, you are not alone in this. We are both always here for you, and we will navigate these changes together as a family.

If you have any questions or just want to talk, please don't hesitate to reach out to us.

With all our love,

[Parent 1's Name] and [Parent 2's Name]