

# Employment Gap Explanation Letter

Your Name  
Your Address  
City, State, Zip Code  
Email Address  
Phone Number  
Date

Hiring Manager  
Company Name  
Company Address  
City, State, Zip Code

Dear Hiring Manager,

I hope this letter finds you well. I am writing to address a gap in my employment history that occurred from [Start Date] to [End Date]. During this period, I faced significant health challenges that required my full attention and focus.

While this experience was difficult, it has taught me resilience and determination. I have since recovered and am eager to bring my skills and experiences to [Company Name]. I am confident that my background in [Your Industry/Field] will allow me to contribute positively to your team.

Thank you for considering my application. I look forward to the opportunity to discuss how my experiences can benefit [Company Name].

Sincerely,  
Your Name