Subject: Request for Referral

Hi [Recipient's Name],

I hope this message finds you well. I am reaching out to seek your assistance with a referral. As you might know, I am currently exploring new opportunities in [Your Field/Industry] and was hoping you could connect me with someone in your network who might be helpful.

Specifically, I am looking to learn more about [specific positions, companies, or areas of interest]. If you know anyone who might be open to a conversation, I would greatly appreciate an introduction.

Thank you for considering my request. I truly value your support.

Best regards,
[Your Name]
[Your LinkedIn profile link (optional)]
[Your Contact Information]